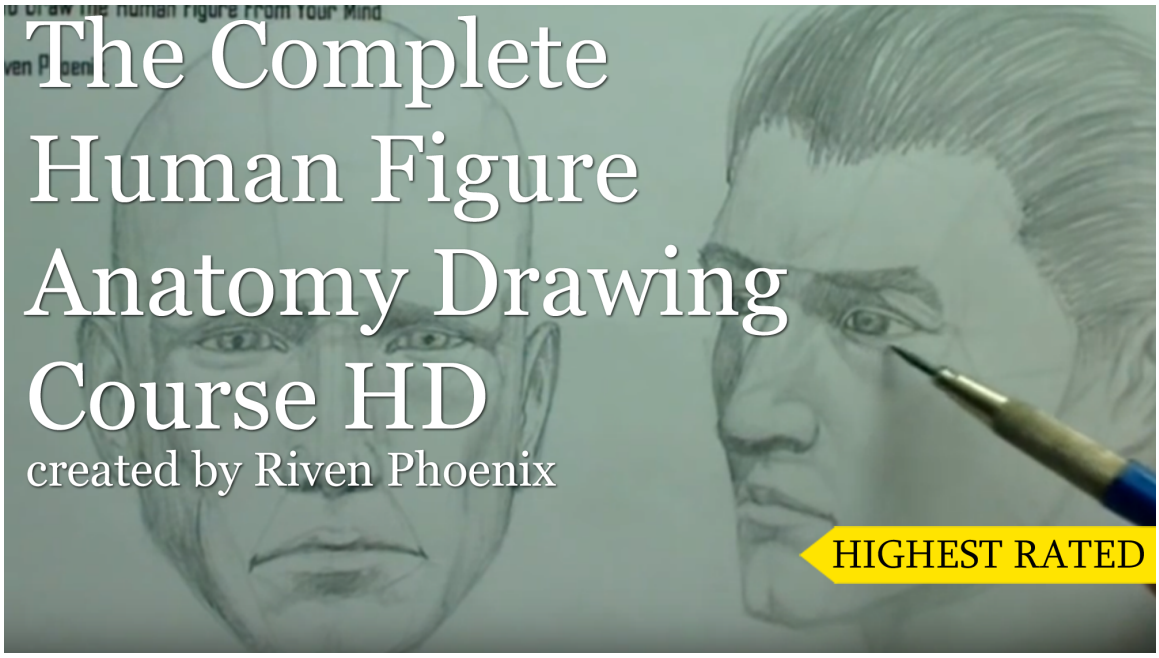

The Structure of Man

Learn to Draw the Human Figure From Your Mind with Riven Phoenix

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Figure Drawing Lesson 173 - The Muscles of the Pelvis & Leg - Part 7

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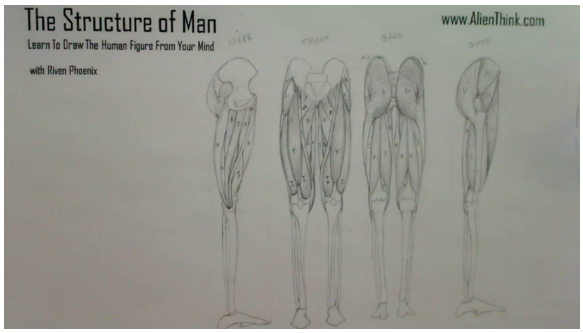
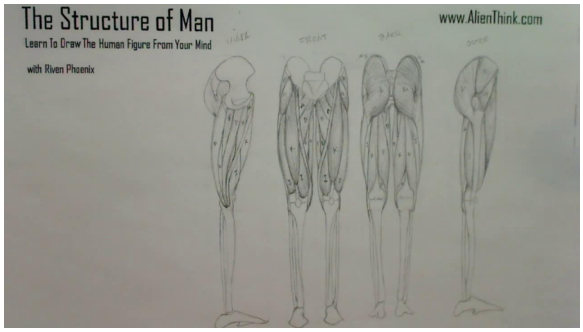
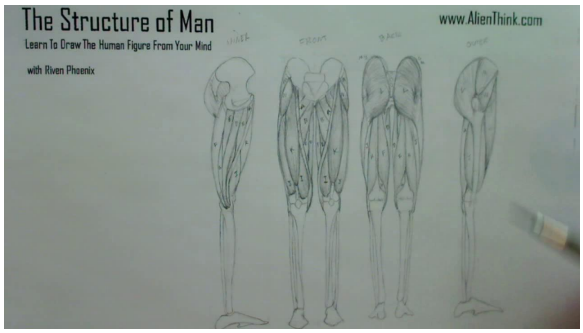
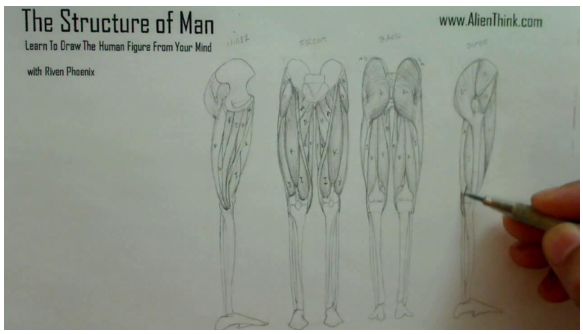
1		Hey guys, my name is Riven Phoenix and welcome to the structure of man learned to draw the human figure from your mind training course.
2		Okay, so now we're going to look at the Lord part of the muscles of the leg and these are going to be so simple that we're going to go through this pretty fast.
3		Right, so the first thing to understand is about the fibula, right? So here you we can see that this muscle here is connecting to the fibula over here, right?
4		This is muscle H over here and then we know that okay, it's connecting over here also, you know, over here also, right?

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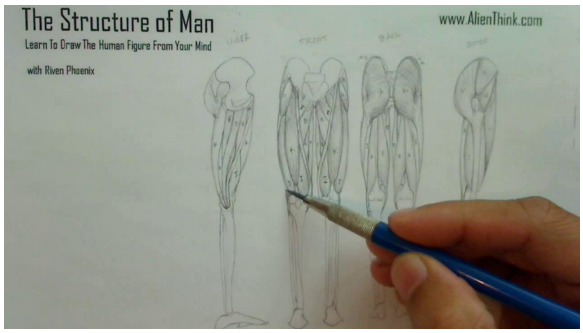
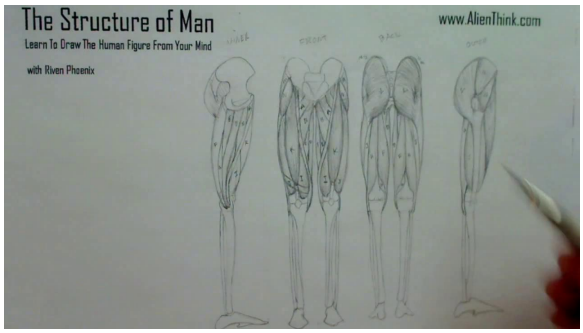
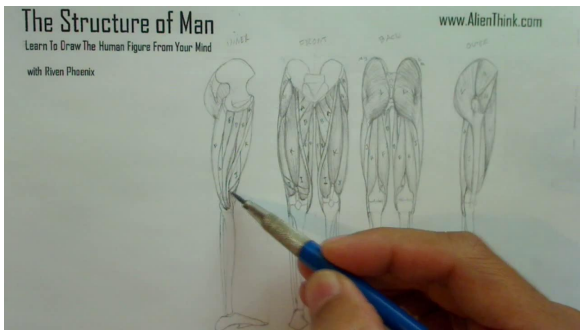
5		So now before we do that, we need to take care of one little muscle that we have talked about and this is an important feature on the muscles of the leg and it's basically going to go from here.
6		It's going to be a strap that's going to come this way and it's going to go right up against this and go like this.
7		So meaning that this strap is just going to, sorry, this strap is going to go basically from here and be like this in here.
8		It's going to just push this stuff up and you're going to get like a bump in here, right? So for this over here, I'm going to just erase this a little bit over here and do the same thing on this end that we've got a strap.

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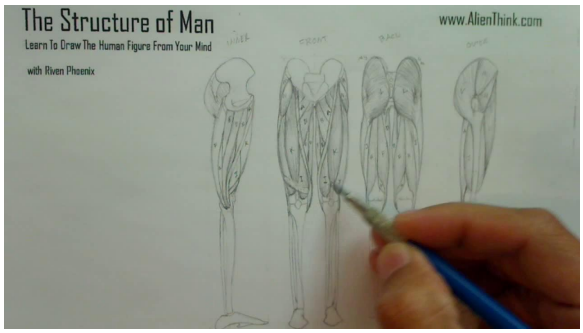
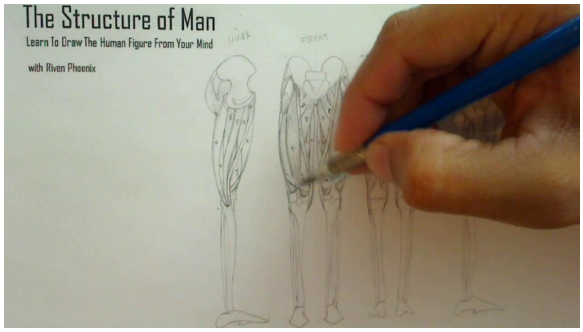
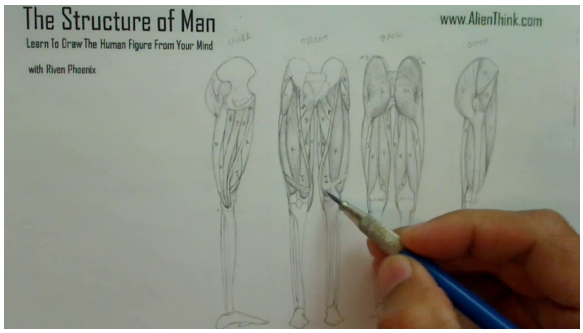
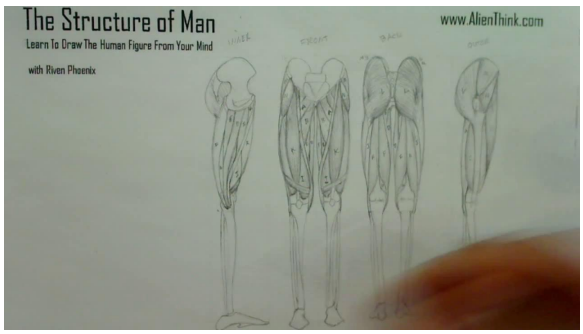
9		That's just coming from this end over here and this is a feature that can also show up on the figure.
10		So it's just a strap that's just keeping these muscles together like this.
11		Okay, and here it's just going to, it's just going to go like this over here, and over here it's just going to be like this over here.
12		Right, so over here, actually meant to do it the other way over here and it's just going to go like this over here.

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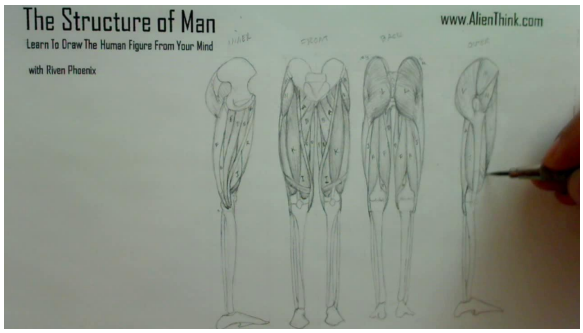
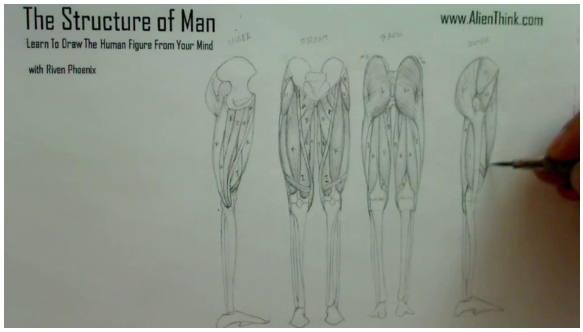
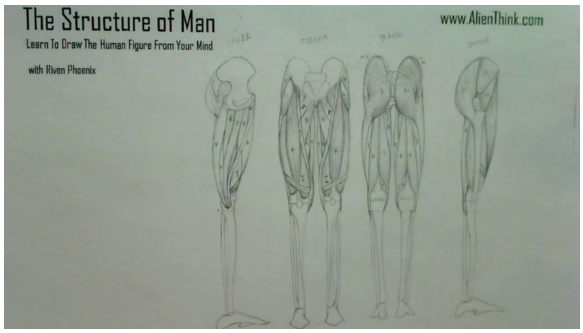
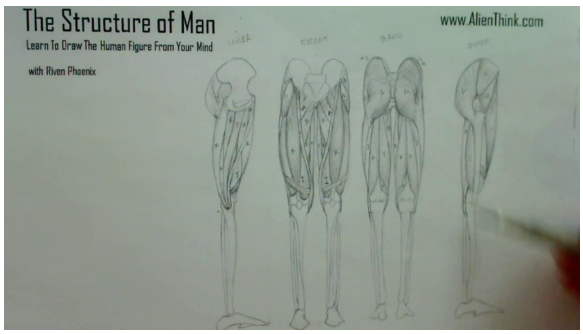
13		Right, so we just need to be aware that this strap is also just here.
14		Right, and it's just going to hold these guys in place over here.
15		Okay, so now we can start to look at the muscles for the calf.
16		So what the first thing that we're going to do is understand the purpose of the fibula over here.

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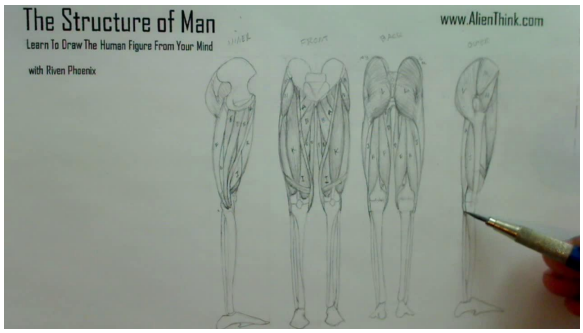
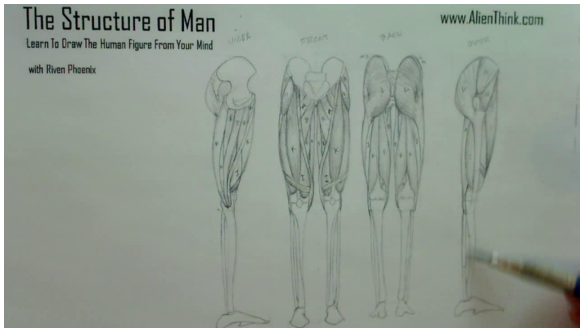
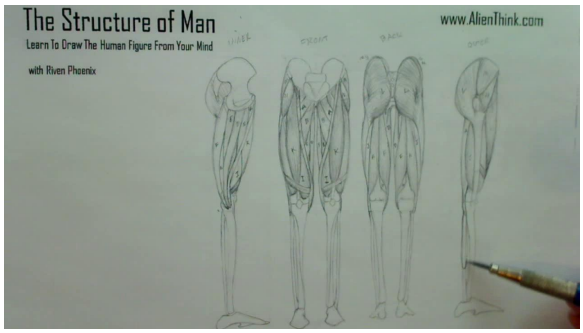
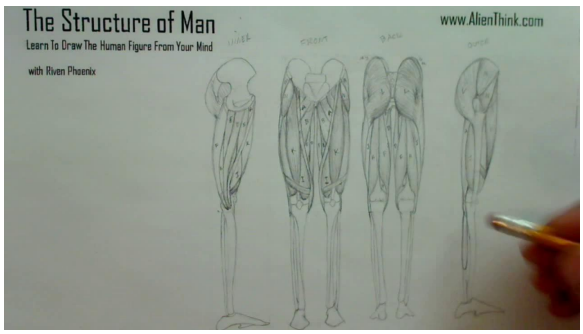
17		So we know that okay, this guy can actually be here. So what's going to happen is that you're going to get a muscle over here just like this right on the fibula and he's going to be about here.
18		Right, so he's going to be the first muscle on the leg that we're going to understand and we're going to call him muscle number one and they're not that many.
19		We're going to be done this, we're done with this section pretty quick.
20		So I'm just going to raise first. Right, so this is the powder leg that we're looking at.

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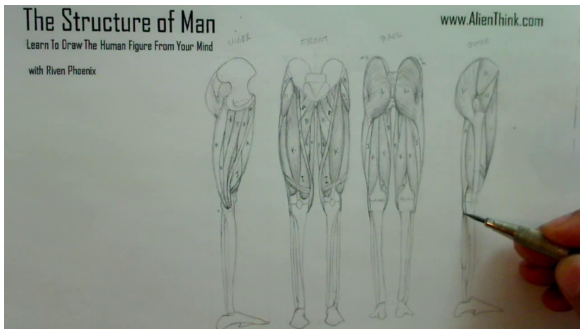
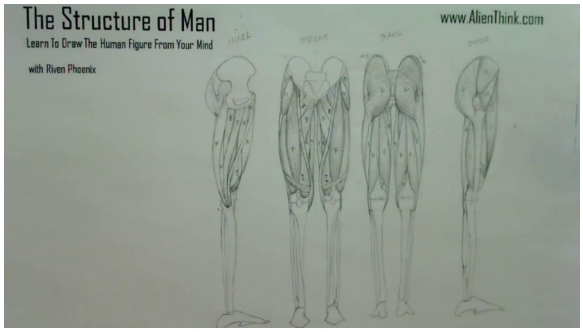
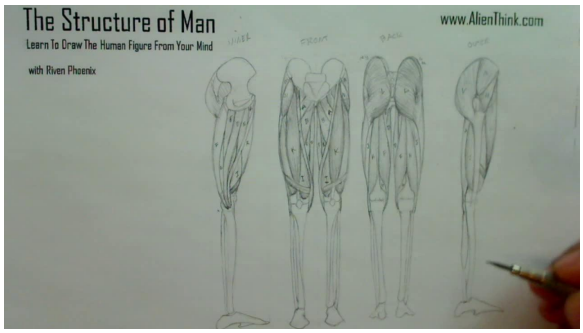
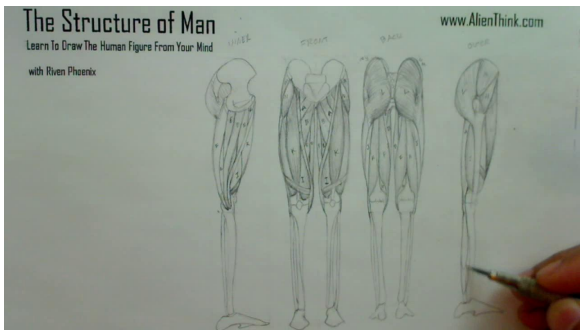
21		So we're going to get a muscle right on the fibula and he's just going to go like this and basically what happens is where the ankle is, he's going to have a wire that's going to come down over here.
22		But I don't want to put that wire is because something else needs to be aware of is that this muscle is just basically just like this in its design.
23		And then what happens is that there's another muscle beneath him and he's also just like this over here.
24		Right, so there are two muscles together over here and they're both going right under the ankle. There's like a wire going connected with them.

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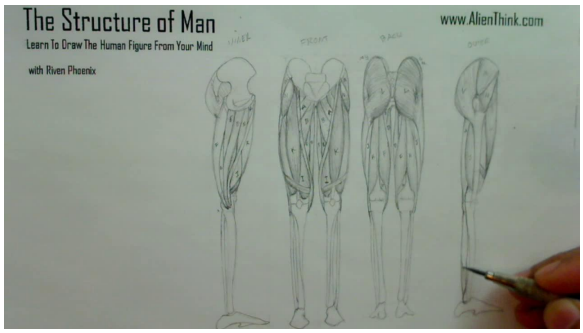
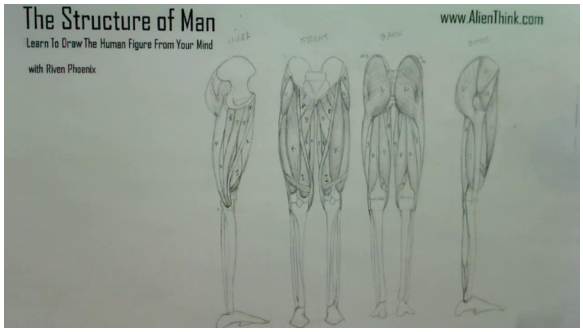
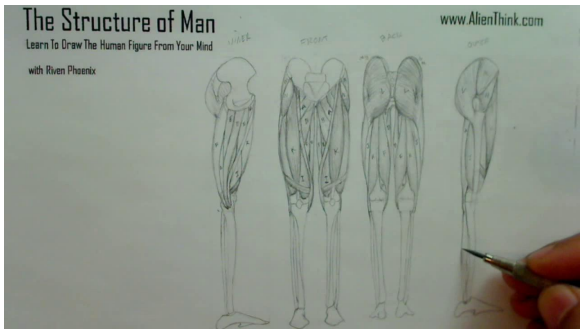
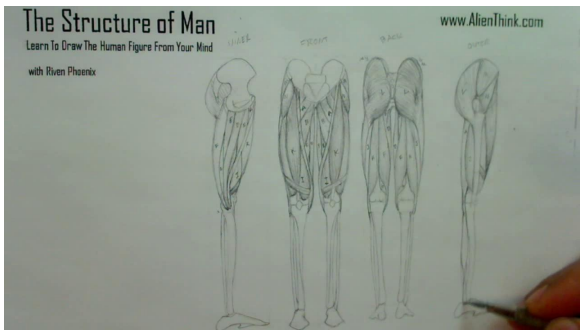
25		So he's just going to come become a wire and he's going to go under here.
26		Okay, so now I'm going to just add this as a muscle over here so we can see this.
27		So we got two muscles over here. This is muscle number one, we're recreating.
28		Okay, he's going to become a wire that right under him.

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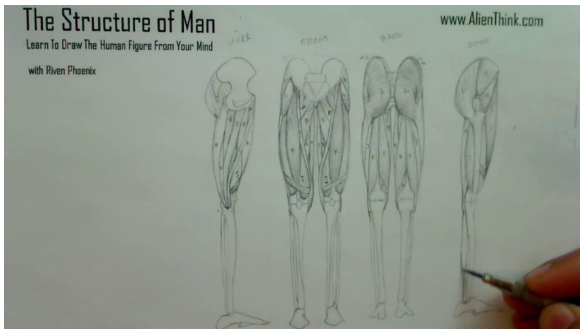
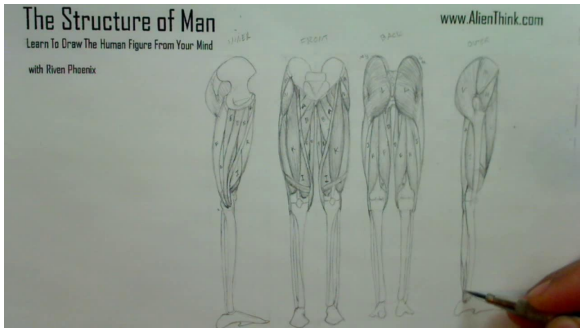
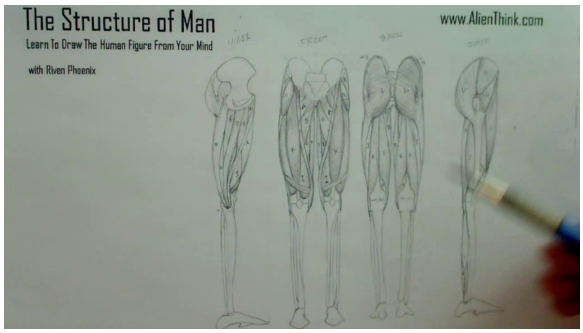
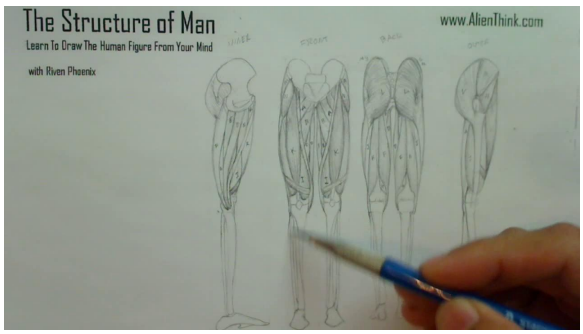
29		Now again, this is just small, small details that we should be aware of.
30		So this is one and over here I'm just going to say that this is two. You can see that.
31		Right, so from the front what's going to happen is that it's going to do the same thing.
32		You know that okay, well, I'm, I definitely will see this muscle over here because he's right on the, on the, on the fibula over here.

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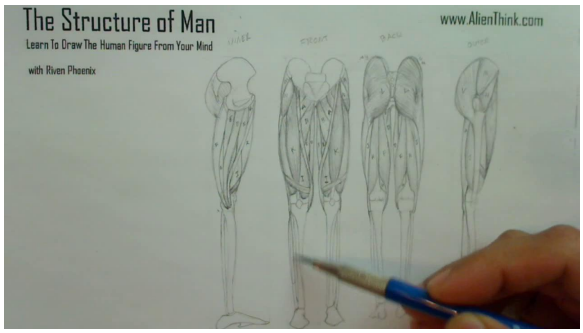
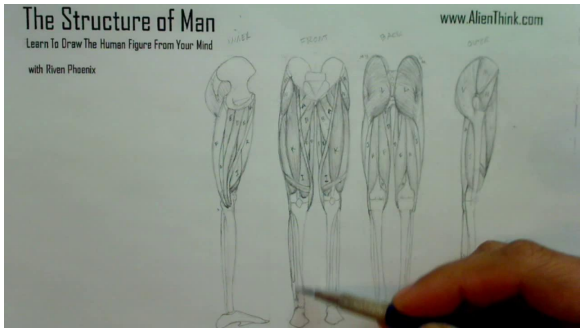
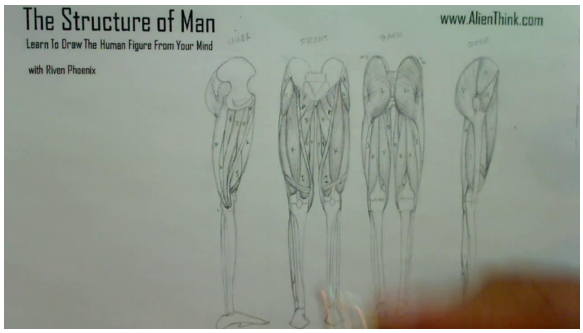
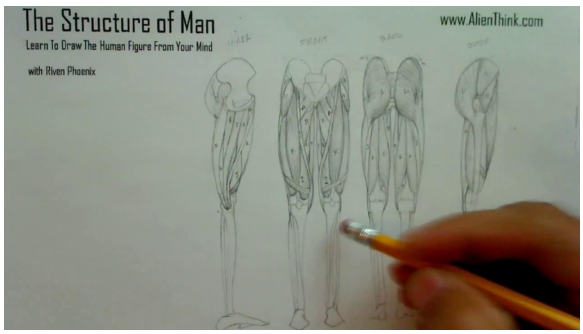
33		So he's going to be this guy over here and then basically there are two guys over here.
34		So it's better to just draw it out as one and just do this knowing that okay, I'm going to get like a wire system under there.
35		Right, so that takes care of the idea for the fibula over here.
36		So I'll raise this to a little bit and get a head start on that one.

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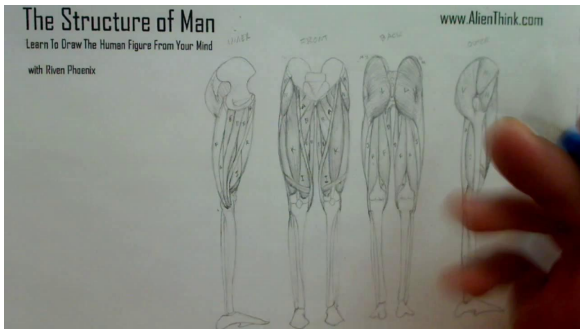
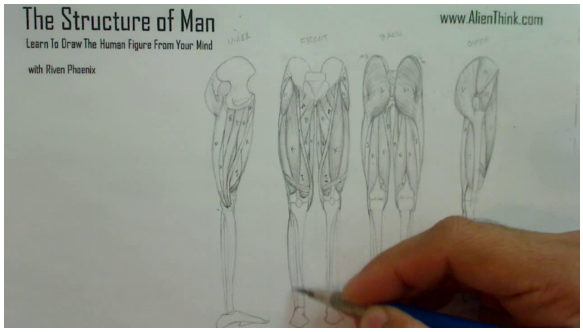
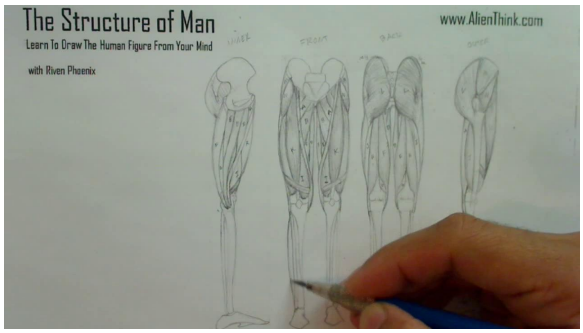
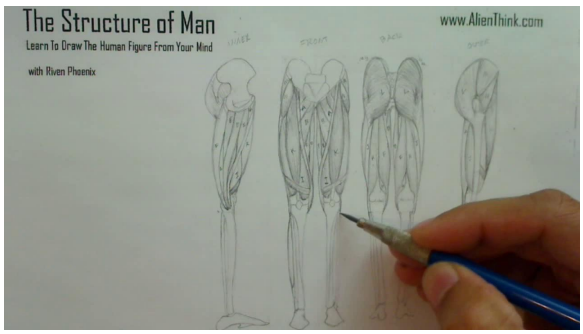
37		Okay, so here I'm just going to just bulk him up just slightly a little bit and say that okay.
38		And we understand that there's a muscle over here right on the fibula and they're divided in two.
39		Just like this, right? I'm just going to do it this way that is going down there.
40		You know, over here that he's basically starting here where this guy is and here's the other other part of him over here.

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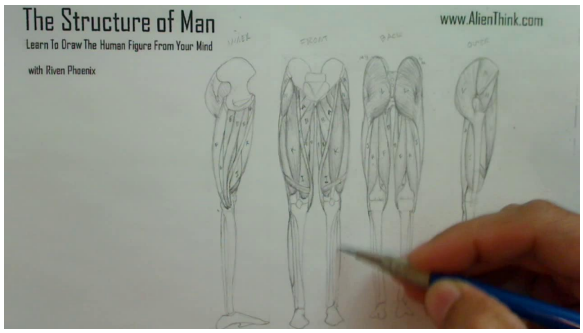
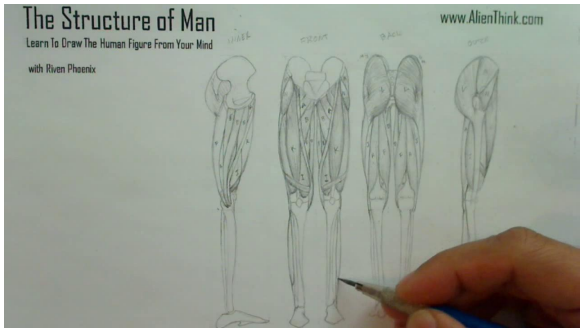
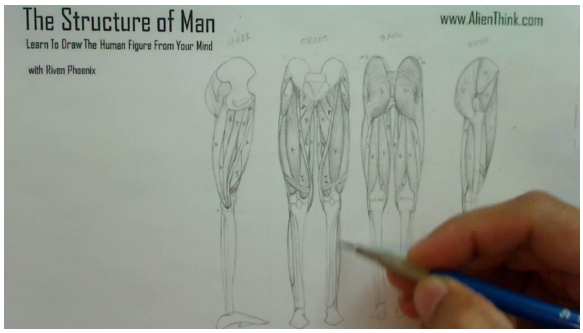
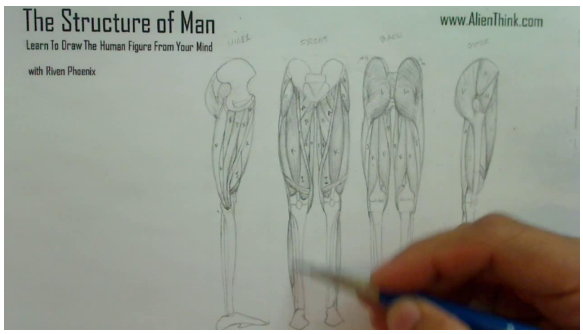
41		On this side that he's going to be this very tiny muscle is just going to go up with a wire system under the ankle.
42		Right, so this is going to be really tiny detail, but you should be able to just understand this if I just put it in like this over here.
43		Okay, and this is just going to come like this over here.
44		Okay, so this is the first muscle to understand over here.

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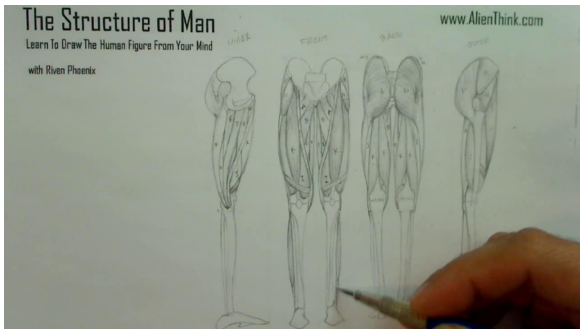
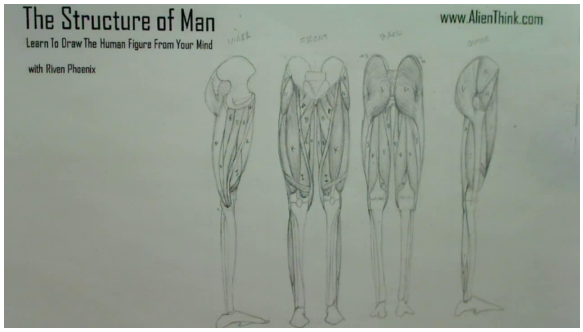
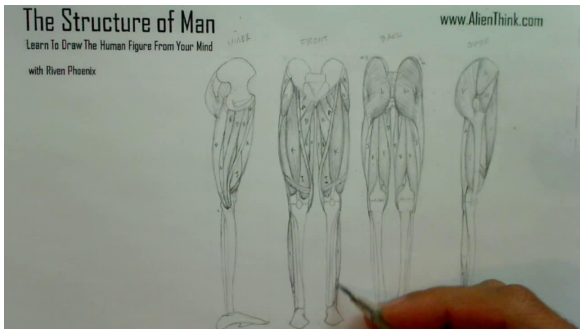
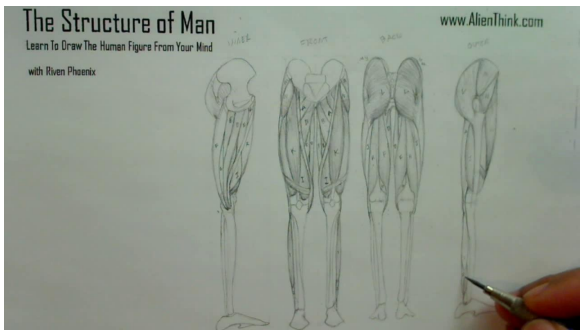
45		Okay, so what happens next?
46		Okay, so here he's going to be muscle one, muscle one, and then we just know that okay, he's two and he's two over here.
47		Okay, and this is what's going on with them over here.
48		So this is on the inner views, so we're not going to see them on this end.

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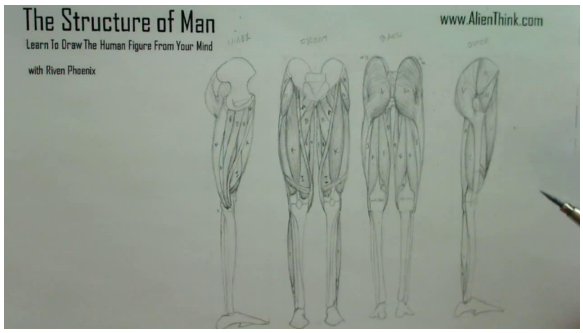
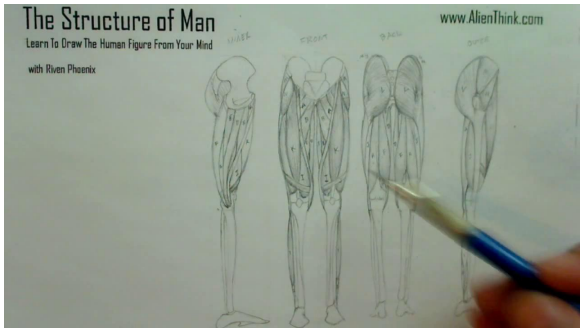
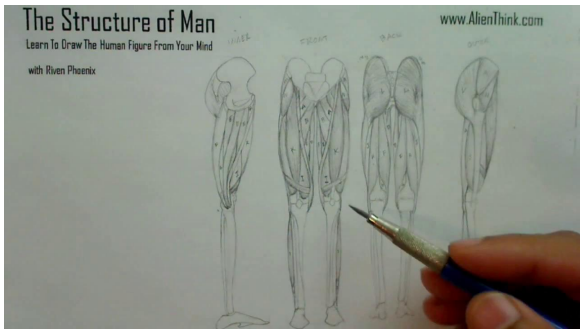
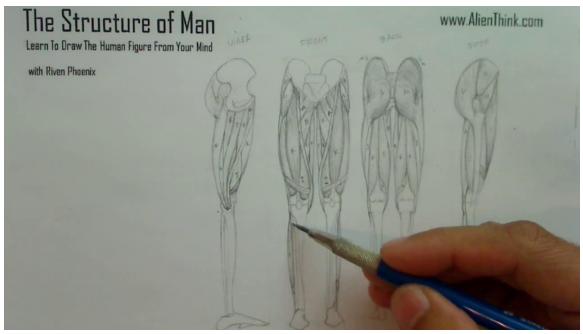
49		Okay, so what and we're not going to see them from the back either.
50		Okay, so what happens next is now you're going to get two more muscles.
51		So there's another muscle that's going to be connecting to the front of the tibia.
52		And his job is to go and become wire systems for all your little fingers here.

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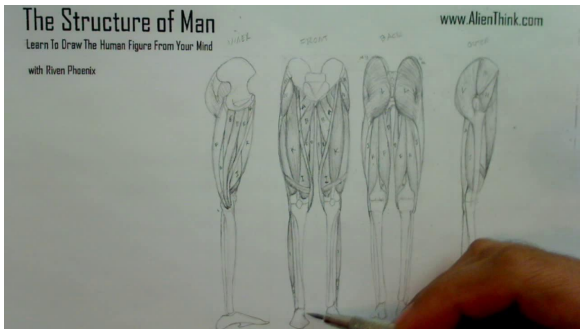
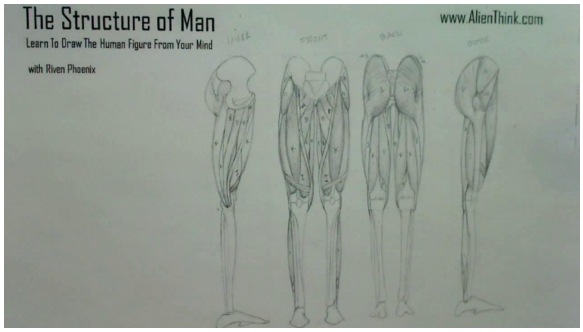
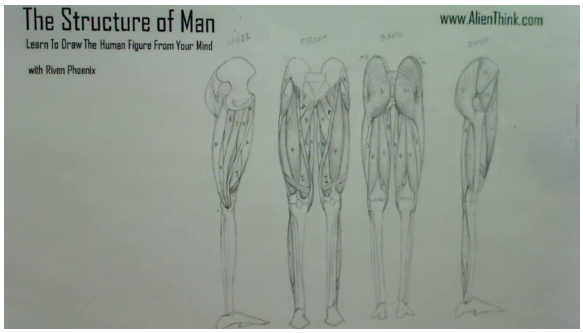
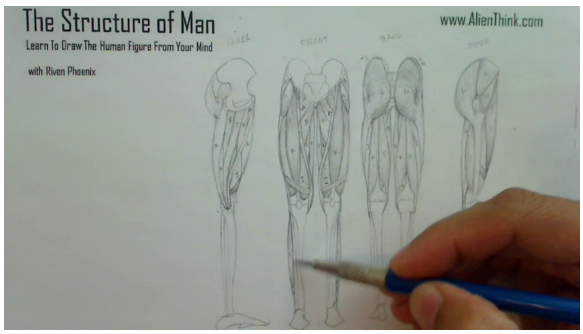
53		So the toe will have a separate muscle, so that's basically it.
54		They're all there is to understand about how these muscles are put on the front over here.
55		Right, so this guy, I mean this muscle, the one that I'm putting right now, he's on the tibia.
56		So he's just going to come like this right here and he's just going to become like these wire systems here for your little toes.

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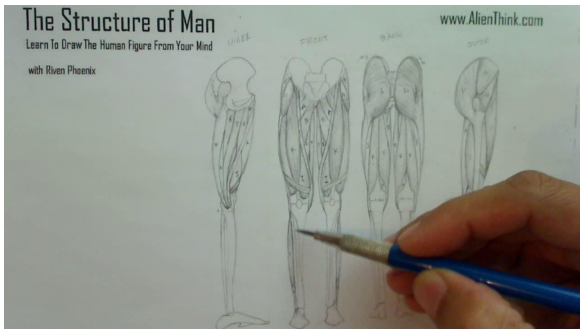
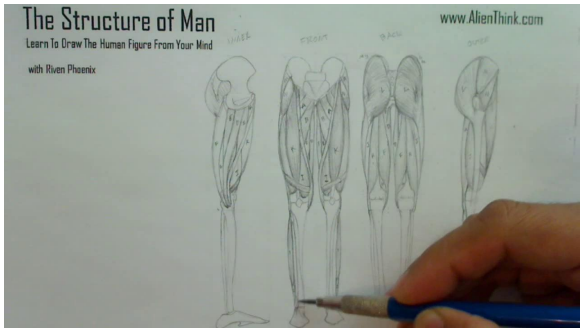
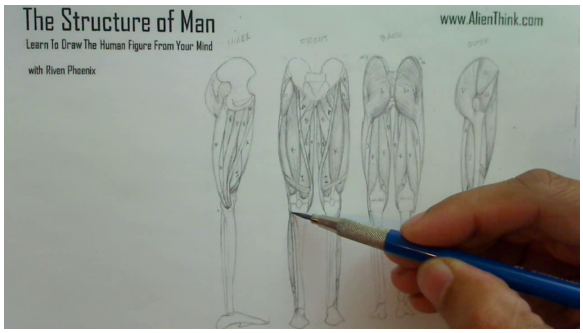
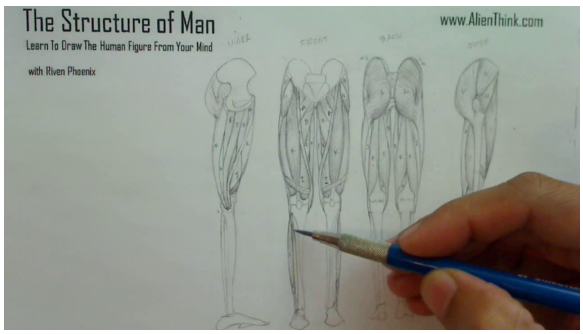
57		Okay, so we're going to draw him in first just like this.
58		Okay, because the thing is that now you're going to get another muscle that's connected in the bottom of the tibia.
59		Right, so he was connected on the fibula and now you're going to get another muscle that's going to come over here.
60		So he's a fairly big inside.

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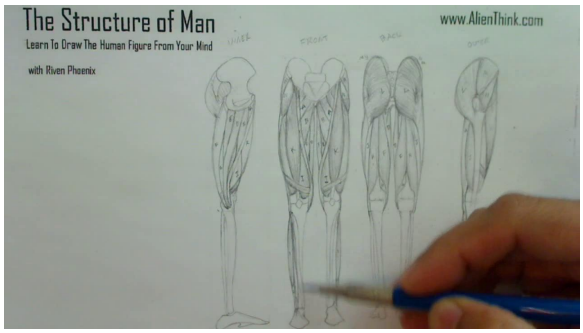
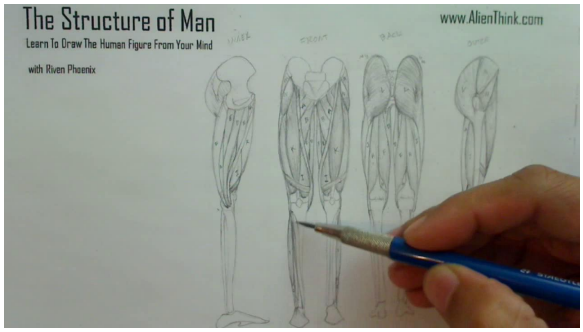
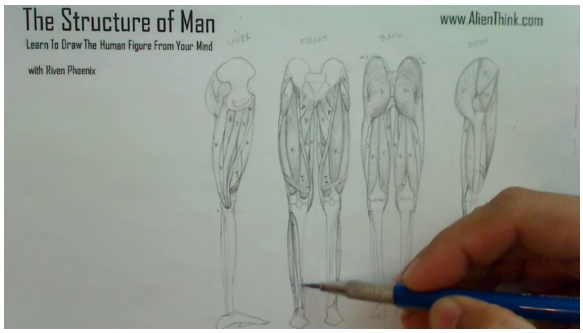
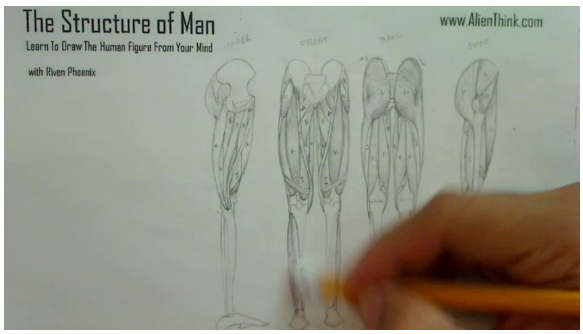
61		So he just comes over here and he becomes a wire for your toe.
62		So from here where this cut is, where I showed you this cut, that's where he sits.
63		Okay, so we're going to clean this up so we can start to see these details now.
64		Right, so we're going to say that this muscle here that's connecting to the toe, he's going to be muscle number four.

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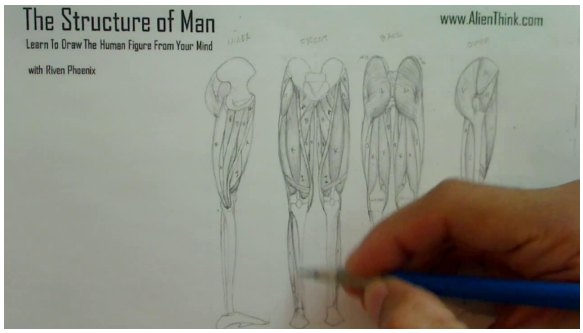
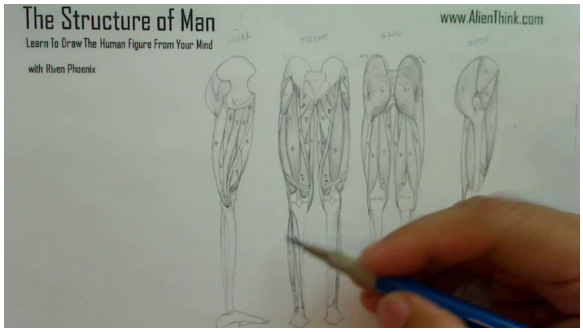
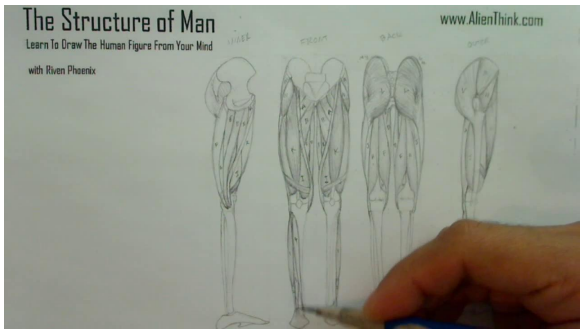
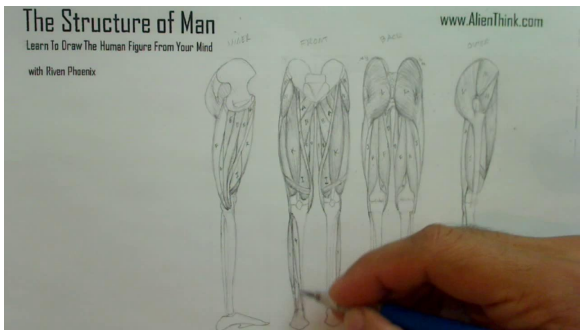
65		Okay, so he's just going to go like this over here and he's going to be four.
66		And right where you get this wedge over here, now you know that, okay, he's going to be muscle number three.
67		Right, I know some of these are really detailed understandings over here, but it's important that we get to step down to understand
68		because it's going to matter when you're doing close-up views of the leg, right, understanding these muscles, how they came together.

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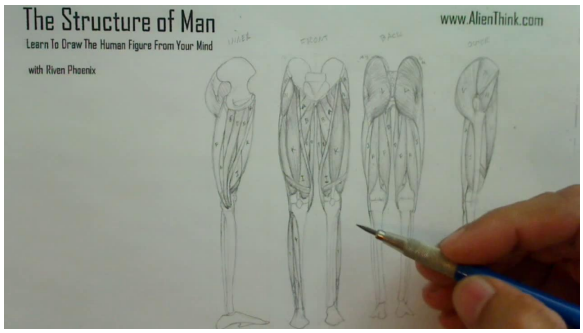
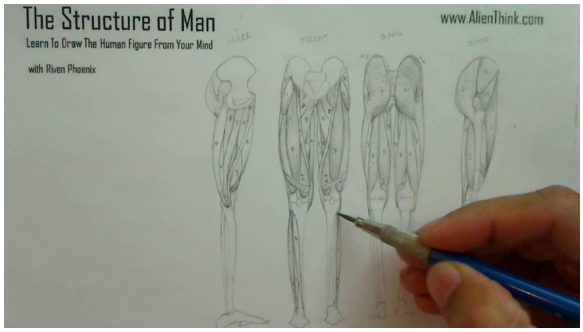
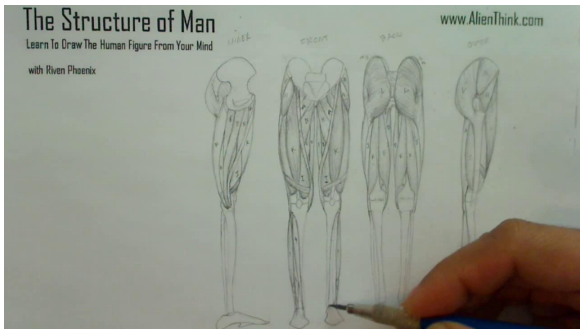
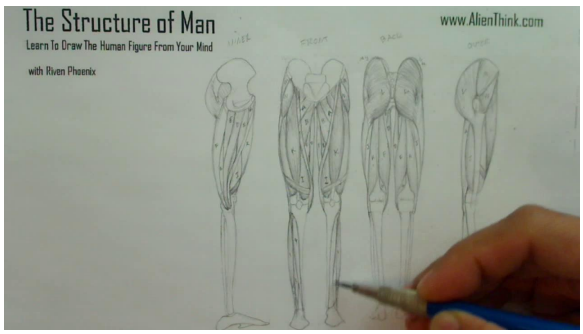
69		So here we know that, okay, this is easy.
70		I'm just going to draw a muscle over here.
71		He's going to be the guy who becomes the wire system for the toe.
72		And this is how we are able to move the toe because of this muscle.

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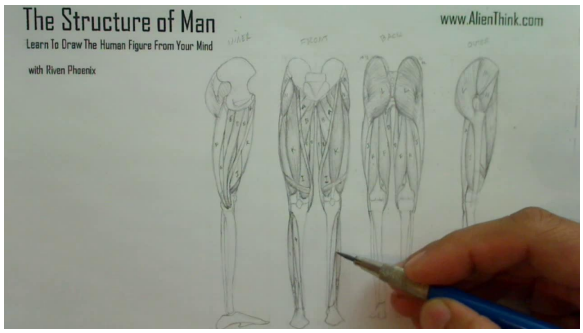
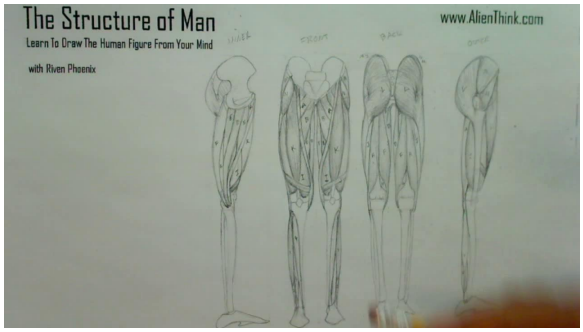
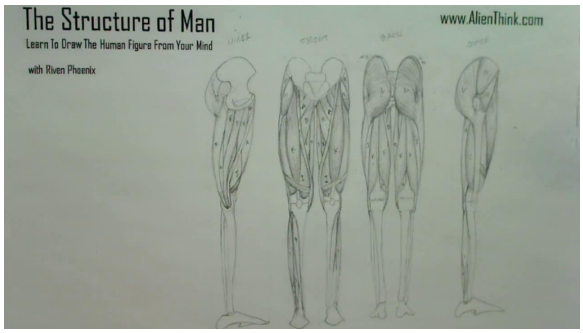
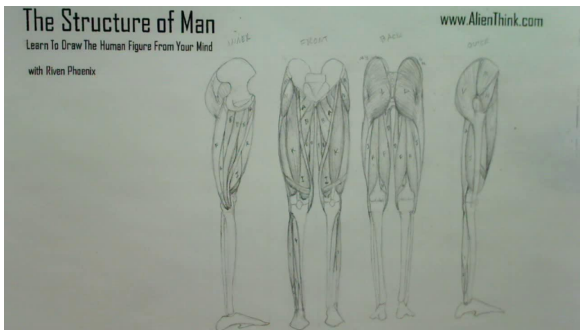
73		And right when I get this wedge over here, just basically understand that I'm going to get number three in there.
74		So here I'm just going to clean up these ideas here.
75		So they come out more clean.
76		And so you should be able to see them now.

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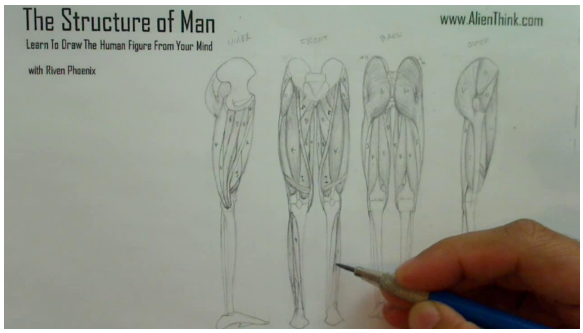
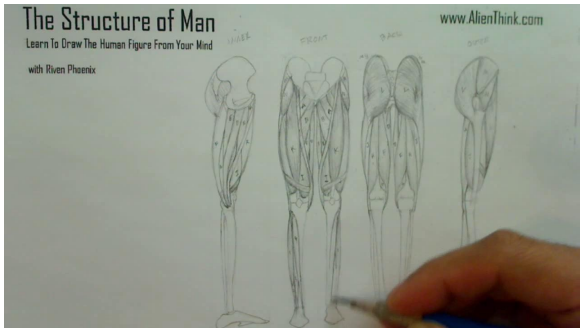
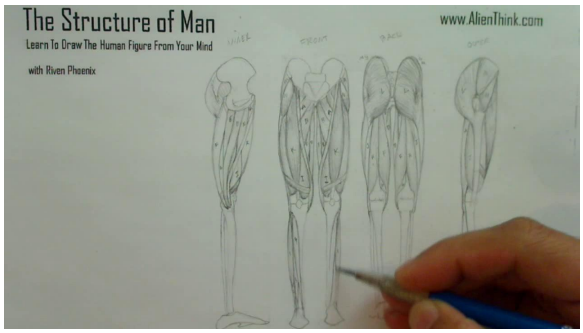
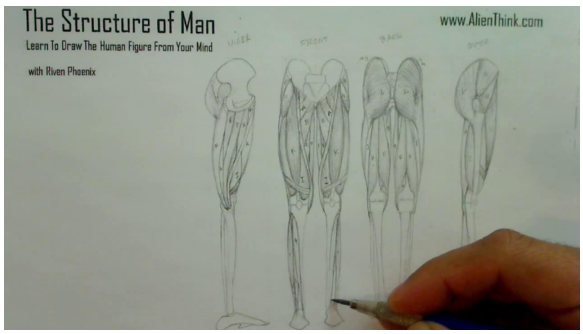
77		Okay, so here I'm going to do this for the very sharp pencil over here.
78		So here I got this guy over here.
79		Then I got this guy over here.
80		And basically he's becoming one, two, three, four in there.

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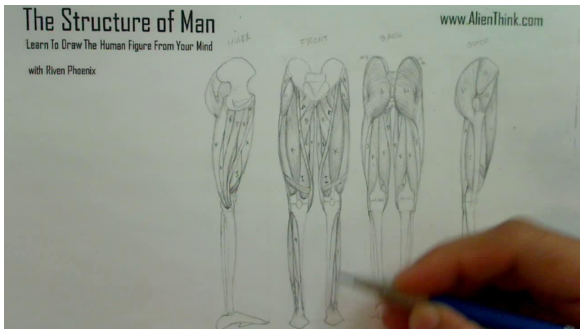
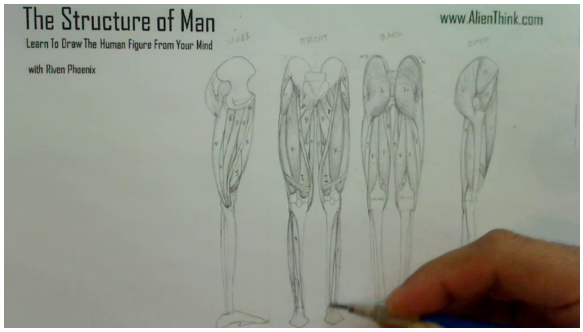
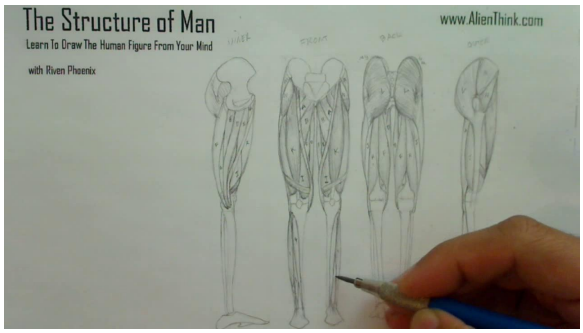
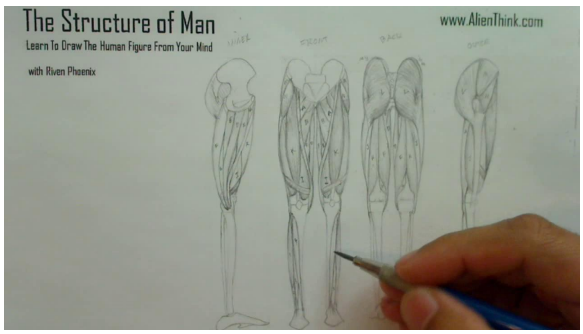
81		Right, so he is just going to come like this.
82		He's going to become a wire over here.
83		So you know that, okay, he is number three.
84		And we're saying that this is number four.

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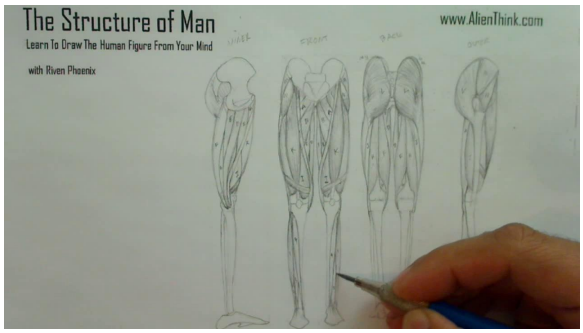
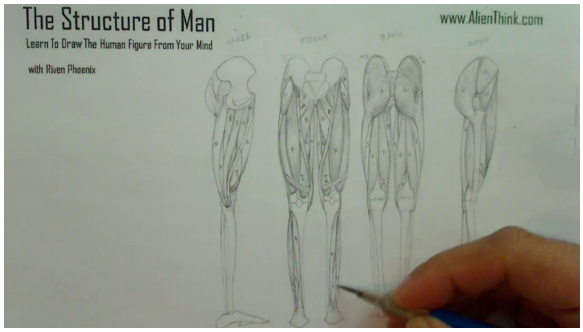
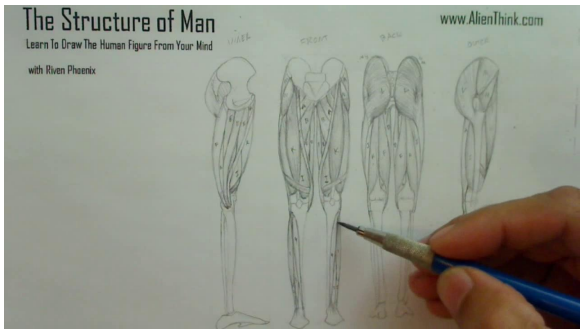
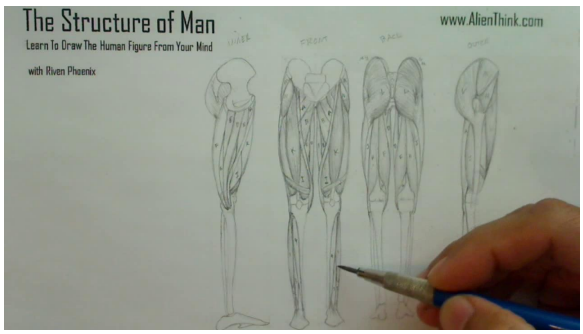
85		And over here where this is, we'll just put down here number two.
86		Okay, that's what happens in there.
87		And this is, and he number four is connecting under the tibia.
88		And number three is on the tibia.

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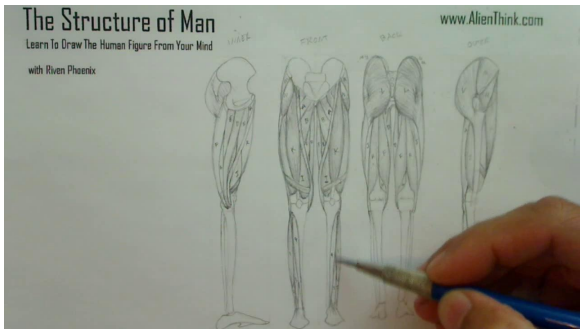
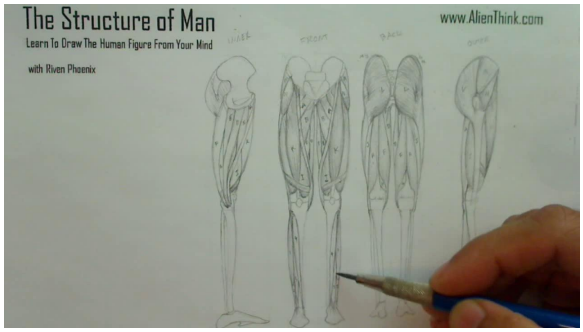
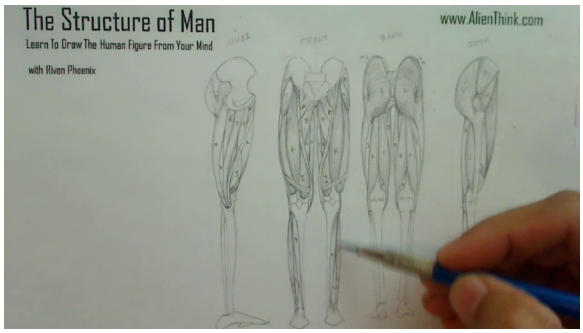
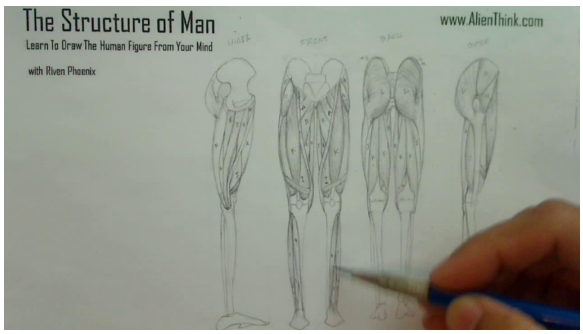
89		But these muscles just basically getting, getting each other's way.
90		So you kind of like always see him coming out this way.
91		So I'm just going to very lightly put him in just like this.
92		Right.

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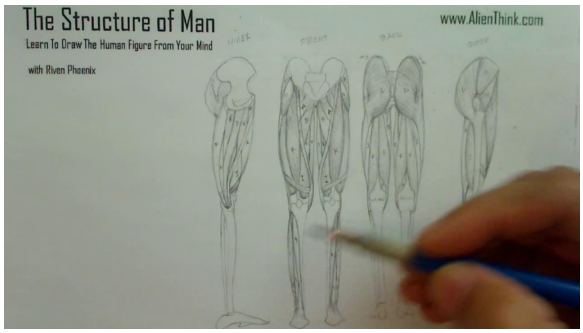
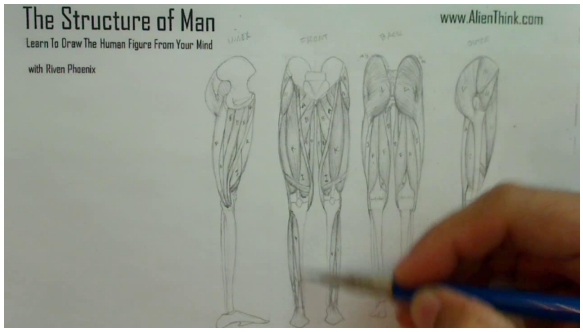
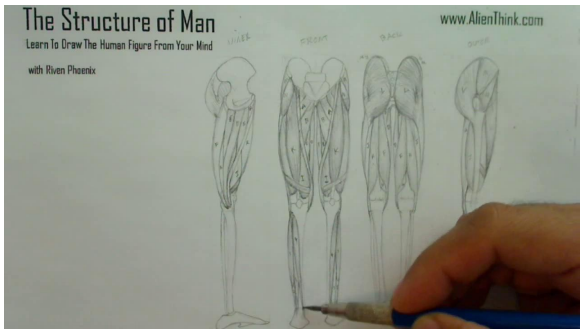
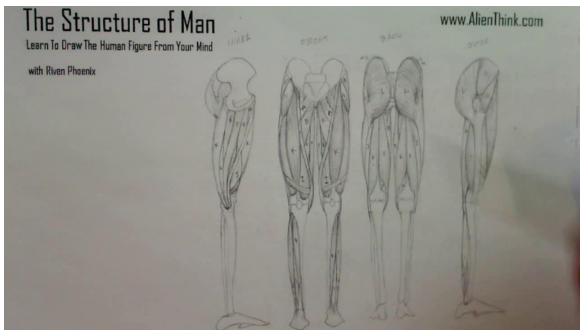
93		And number four over here, it's just going to come like this over here.
94		Like this.
95		Okay, so that's what's going on in the front.
96		Right.

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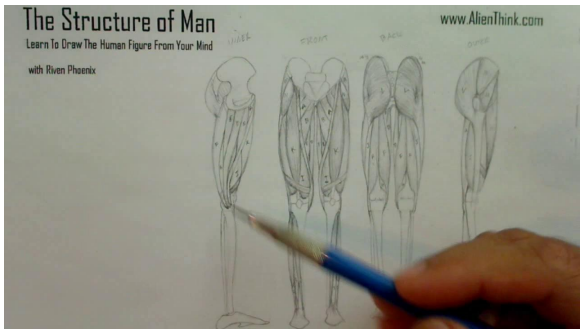
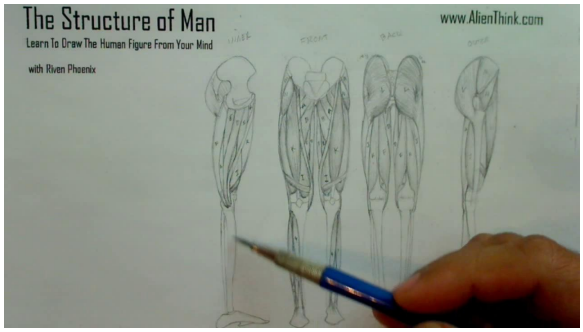
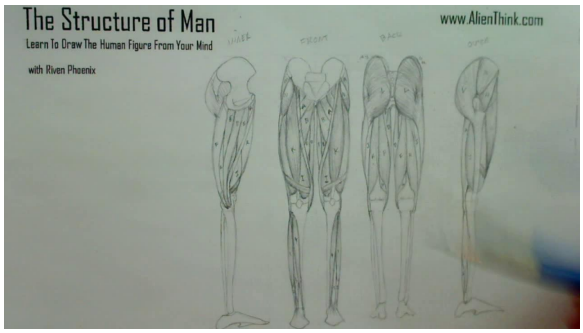
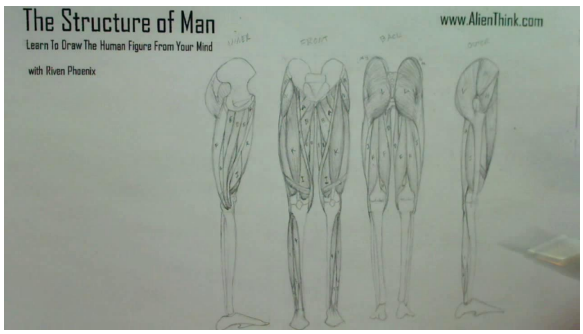
97		So you can see that on the side over here, for the inner view,
98		you're just going to get your calf muscles over here.
99		Okay.
100		So I'll see you in the next lesson.

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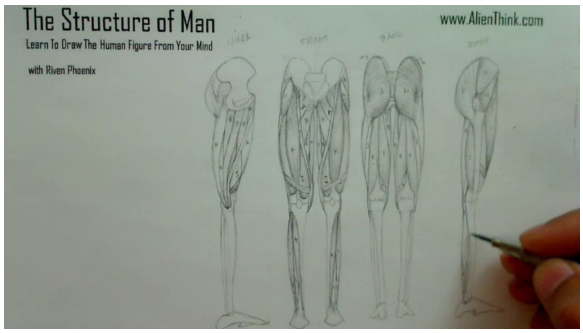
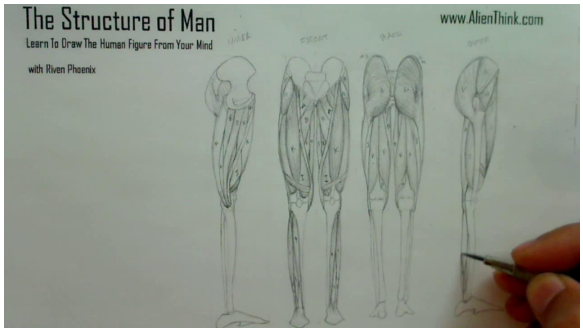
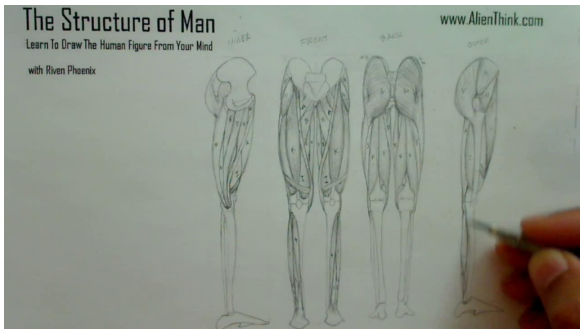
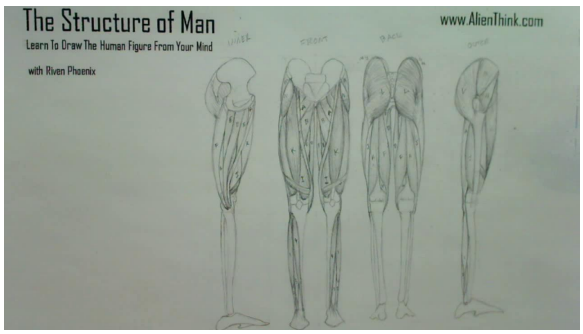
101		We'll look at more of the muscles here.
102		Okay.
103		We'll look at this section again.
104		So I'll see you in the next lesson.
105	No Image	Thanks.

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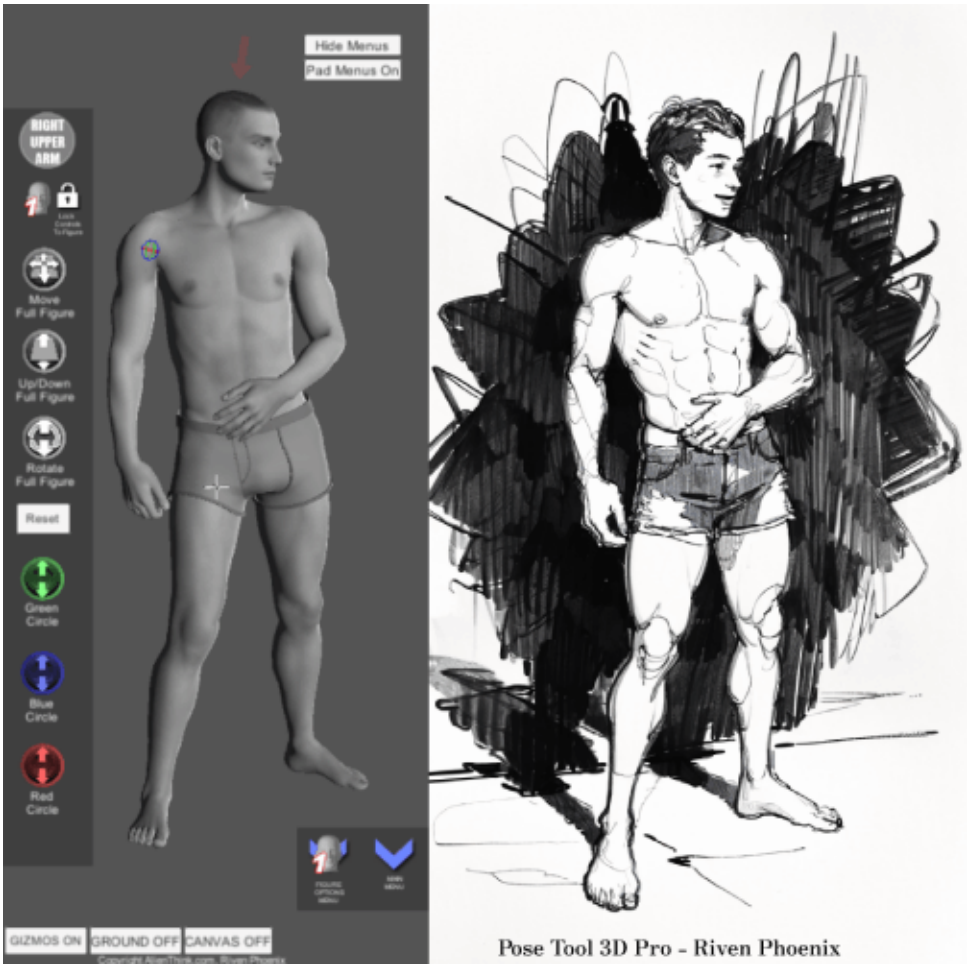

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